

The Family Communication Culture Based on Religious Values in Preventing the Drug Use among Muslim Families in Pulo Padang Village

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ABSTRACT

The family is the place for the most basic moral education received by children, therefore the family has a significant role in guiding the children for not consuming any drugs. Communication based on religious values created by a family is certainly very influential on children in avoiding drug use. This study aimed to determine the culture of family communication based on religious values in preventing drug use among Muslim families. The method in this research was descriptive qualitative method. The results showed that the parties who have a very important role in preventing drug abuse are families, especially parents. Parents and dearest family are the closest environment that can influence adolescent's behavior. Therefore, the role of parents is needed in strengthening the mental and personality of adolescents. It will cause the children are not easily persuaded and fall into drug abuse. The culture of communication based on religious values created for preventing drug use among Muslim families so that the family can develop positive environment or values for their children, for creating effective communication, being a role model for children and supporting the healthy and positive children's activities. The researchers would like to thank the two families who were willing to be participants in this study and provide the data for this research.

KEYWORDS

Communication Culture, Religious Value, Drug Prevention

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INTRODUCTION

The problem of drug use in adolescents is unstable to fix, because how to overcome the problem needs several factors and people from some aspects to help each others; government, officer, civil, mass media, family, and the adolescents themselves. The drug crime becomes the big issue all over the world because it has already become transnational crime, organized crime, and serious crime which can happen to all people in society, (Suparman, 2019).

Nowadays, the level of drug use in Indonesia has been society's concern, because there are so many cases of drug use which means it increases. From several point of views, the drug use already reached the governor, officers and also the society without hiding the truth, it also already reached the adolescents in the urban settlement or village. The target market of buying and selling drug is not only in the nightclub, but also in the government office, school, and also from houses to houses. Most of the news report on the newspaper or television and social media, there will be the news about catching the thieves of selling drugs from BNN or police officer in all over of Indonesia, (Lisdiana, 2014). The number of drug

use cases always increase every year, especially the cases for adolescents. Based on *Badan Narkotika Nasional* (BNN) in 2018, there were enhancement of drug use from 20% to 28%. Those numbers for adolescents reached 2,29 million people. Specifically, in North Sumatra, the high cases of drug use found in 2020. There were 3.925 people have listed as drug crime, (Kapolda Sumut, 2020). The adolescents still too easy to get some new things in their life, because they will see from the good side not from the bad one. It also happened because the lack of attention and communication from their parents and family, (BNN North Sumatra, 2021).

There are several factors why the adolescents use drugs, one of them is because the lack of communication with the parents. Research about the drug use whose have low self-esteem explained that it could happened because the parents did not know how to communicate properly with positive words to their children, some parents also blame their children if they did something wrong, then the parents also usually underestimate their children even they compare their children with others. The effect of those behaviours will be unconfident problem for the children. In society, without realizing it, sometimes how the way parents communicate could make their children afraid to show what they are really want to say or do. This problem happen because most parents also tend to say the negative words rather than the positive words to motivate their children. This caused, the children will think that they are really bad and will implement or lable the negative words into their real life. Those negativity will push the children to develop the negative habits, (Utami, 2017). One of anticipation that can be done to prevent the drug use in adolescents is with optimalization the role of family for them to secure themselves from its problem. Related with this condition, one of the aspect that should be noted is to communicate effectively between the parents and their children. Through the effective communication, it could increase family's bounding, (Indriani, 2019).

Having a good communication in family is a must for all people in this world. As the human being, people need to have a good communication skill because it is important to build a good relation with other. Besides, there are several parts of live that can be healed with communicate with other people. Therefore, it is important to build a good communication for being professional individually or in a group. There are also two kinds of communication; interpersonal communication and face to face communication. Therefore, the communicators and its communication should see each other and it will happen the personal contact. The important of communication between individuals is because the process can cause directly and the process allows dialogue to take place, communication that takes place in a dialogical manner is always better than a monologue. Interpersonal communication in family becomes one of knowledge from Islam in dialogue term, in this term the communication process will occur between two people or more / between adults and adolescent to solve some problems that usually happen in family context, (Yanti, 2011).

The obligation in teaching their children in this technology era where all information can be accessed easily also caused the values of Islam becomes left behind and difficult to be understood by the adolescents. The adolescents will not know what is the negative impacts from the wrong relation with other, moreover it is not Islam's theory. The teaching of characters actually already started since the children were born followed by parents' habits to teach the good morals to their children; polite, follow the religion's theory and rules, etc.

The families that became the participants for this study were Mr. Sahala Rambe's family and Mr. Sapril Siahaan's family whose teach their children how the way to avoid the drug use. The first step is begin by the family itself. The good boundary in the family can decide the people inside to be spared from several bad things related with drugs.

The definition of family communication according to Rosnandar was a process of delivering a statement or message to someone with purpose for influence or establish the attitude based on the content of the message which delivered by father or mother as the communicator. Idris Sardy stated that family communication was a process of delivering some messages from parents as communicator to their children about the morals or values in that family with purpose to establish a warm family, (Gimawati, 2016).

Interpersonal communication can be defined as two-individuals communication. This kind of communication becomes the most used and effective communication because it required the people to meet face to face. Besides, it also require the people to behave, and according to Joseph A. Devito, interpersonal communication became the process of delivering messages between two people or more with some effects and feedbacks directly. That statement in line with Hafied Cangara's statement who said that interpersonal communication was a communication process that conduct directly without any medium, (Radith, 2021).

Phil Astrid S. Susanto defined the definition of interpersonal communication as direct relation which the flow of communication will make people get direct answer soon as possible. With those statement about getting the direct answer, for sure it can be two kinds; positive and negative. Then, those answers also can influence other communicators, so that people will adapt with the current situation and hope that they can adapt easily and brings more positive things, (Alfandi, 2017).

According to some statements above, the researchers conclude that interpersonal is a communication process where two people or more talk to each other face to face and this kind of communication is the most effective because each other will know the responds directly. Interpersonal communication is important because it becomes the relationship in the process od life in the society, especially between parents and the children, (Alfandi, 2017).

In the theory of interpersonal communication, there are two kinds based on its attitude; dyadic communication, and triadic communication. Dyadic communication is a process that happened between two people and according to Pace, this kind of communication can be done in three types; conversation, dialogue, and interview. Conversation can be done in informal situation, while dialogue happens in more serious situation or more persona. Interview, for sure it is in formal situation, serious situation because there will be an interviewer and an interviewee. The sencond type, triadic communication is communication between individuals that can be done by three people. For example, A will be the first communicator, then B will get the message from A. If B wants to tell to other people this message can arrive at C. The dyadic communication is more effective because the communicator become the main person here, then the people in that circle also can get direct message or feedback from each other, so that can lead the frame of reference, (Hifdhiyah, 2017).

There are some names in interpersonal communication; dyadic, dialogue, interview, conversation and face to face communication. Redding expanded the clasification of interpersonal communication becomes intimate interaction, social conversation, introgation or inspection and interview. Intimate interaction defined as the interaction among the closest people, for example dearest friends, a couple, family, and society. Social conversation is

interaction to please some people in the simple way with less talk than usually it is not that deep conversation. Interrogation or inspection is the interaction from a father to control and ask additional information from others. The last, interview is one of the types of interpersonal communication where two people will relate; an interviewer and an interviewee. A person will ask some questions while the other one will answer to give information so that the purpose of the interview will be achieved. Therefore, interpersonal communication can be defined as the communication between two people in direct meeting, (Zakaria, 2019). The factors that influenced family communication according to Djamarah is:

a. Self image and other's image

When someone communicates with others, he/she will feel as who and how. Every person has their self image, their status, their strength, and their lack. That image which can decide how to talk and filter the information which they look directly. In other words, self-image can influence what people's perception.

b. Psychology situation

Psychology situation can influence the communication, because its communication can be uneasy if someone feels sad, confused, angry, disappointed, jealous, and etc. Someone sad in the grievous situation for example, they will be not easy to communicate because their psychological situation is unstable. Someone also will be hard to communicate when they are angry, because the emotion will lead their decision.

c. Environment

The communication can occur whenever and wherever with the different styles as well. It can be done in the family, but the context will be different if the communication occurs in the school, because those are two different environments. At home, the communication will be more informal, while at school it is formal. Moreover, the communication in the society, it will be more varied, because there are many kinds of people with their own styles. Every person should respect one another because their morals, attitudes or rules that may be people should follow it because their beliefs. It is also seen in the rich family and poor family.

d. Leadership

In a family, a leader also has an important role and strategies. A leader is not only have to influence the other family but the condition and situation in the society and family. The dynamic of family relationship will decide the pattern of communication to how its process will help people to secure the warmest of family inside.

e. Language

Verbal communication between parents and children, for sure use a language as the tool to express their feeling. The language that they use will represent the message that the parents want to deliver to their children. Wrong or different language use between them, will cause failure in communication or delivering the messages.

f. The age gap

A communication also can be influenced by the age gap, because people have to see with who they talk with. When someone talk with people that younger than them, they can talk in informal ways, but it is different if talk with people who older than them. The content of conversation or the topic also can be different because adult's life is more complex than children's life. In general, the children think from the concrete one to the abstract one. Therefore, the language use to talk to certain age range should be customized, (Alfandi, 2017).

Based on the research background, the researchers were interested to explore the family communication culture based religious values in preventing the drug use among Muslim family.

METHOD

The method used in this research was observation with the descriptive method. The place to conduct this research was in Bandar Selamat II, Pulo Padang village. Duration in collecting the data was in August 2022 with 2 participants (2 Muslim families) whose have adolescents and parents. The first participant was Mr. Sahala Rambe (62 years old), Mrs. Lambayung Ritonga (60 years old) with the children, Dedi Syahputra Rambe (18 years old) and M. Akbar Rambe (23 years old). The second participant was Mr. Sapril Siahaan (50 years old), Mrs. Minar Ritonga (48 years old) with their children, Aprijal Siahaan (21 years old) and Apriansyah Siahaan (25 years old).

The source of this research is primer and skunder data. The primer data was collected directly through the two families and the skunder data was collected from the previous research, academic article, and other references. The technic in collecting the data was observasion, interview and collect the documents. The observation conducted directly by the researchers inn Bandar Selamat II, Pulo Padang village. Then, in the interview, the researcher ask several questions related with the study to answer the research questions and also to aim the objectives of the study. During the interview process, the researchers also noted several important points to be reseached later.

RESULT AND DISCUSSION

Based on the psychology expert, since the children was born, they will get some based learning from their parents. The very first key of this is to establish the children's mental that they will have for long term of their lifes. The children will grow up and acquire some knowledge and information about life from their parents. This individual behaviour hold the key for its achievements, (Irianto, 2018).

For achieving the goals, each individu should have a good and health attitudes. Those good attitudes actually starts from the good family environment. According to Nick Stinnet and John DeFrain (in Suryani, 2010), there are several requirements needed to impelemnts in the family to become Happy and Helathy Family, as follow:

1. Have a Religious Principle

In family religious life, having a religious principle is a must. This thing will require several religious values that the eternal is in. The result from the research showed that un-religious family has low commitement in their religion or even has nothing left for their commitment and end with cheat, divorce, and drug use.

2. Always Together with Family

In modern society, the family relationship can be easy to lose. This caused by each role in the family get busy with their own activities, so that they have only few times to spend time together. Therefore, how busy each family member, they should spare their time to gather together with their family.

3. Have a Good Communication Pattern

One way communication and it is instructive one can cause disfunction and unhealthy family. Therefore, everyone needs two ways of communication, democratic environment, and emotially attitude from the parents to the children. If there is a problem, they can manage it together.

4. Respect Each Other

Each family member should respect each other so that there will be a warm relationship in a family. Those can be done by saying the good words and do good behaviour.

5. Family Bounding

Family is a dynamic relation that can make the member to grow together. Therefore, as a group of people, family should keep the integrity from each member with communicate well, decide their role, and manage their emotional, etc.

6. Think Positive toward Crisis

If there is a crisis in a family, all members in that family should take action together. The priority is the integrity of family. Un-wise family can cause more problems.

Based on those results, the researchers get that communication culture based religious in preventing the drug use. They are:

1. Build Convenience in Family

Problems in the family can be a major factor in children falling into drug abuse. A protracted conflict will cause children to feel an atmosphere of tension with their parents. Therefore it is necessary to create a convenience atmosphere in the family so that children will feel more directed and feel comfortable. From both families, they assumed that they have built comfort atmosphere in their family through equality and inculcation of religious values.

In the attitude of equality, the two families do not discriminate between one child and another. All children are treated the same way. Equality in the family above is shown by giving the rights and obligations of each. A father as the leader of family did not limit their children to doing activities outside the home as long as the activities are positive and good for their development. The two heads of families above also give freedom to their children to socialize with anyone by always instilling not to follow bad deeds. On holidays Mr. Sahala Rambe also invites his family to go somewhere to have vacation together. So that, it build the intimacy in his family.

Meanwhile, on the principle of inculcating religious values, the two families above always instill to pray for their children. The communication built in this case is in the form of the head of the family, both father and mother, as a reminder for children to pray. Moreover, the two families also gave advice to their children about mental development as well as advice on religious teachings to form, maintain and improve spiritual mental conditions who with their own awareness are willing to be able to practice Islamic teachings in life in accordance with the provisions and obligations imposed by Allah SWT, so that they obtain salvation both in this world and in the hereafter.

2. Develop Positive Value for Children

Develop positive values in children by teaching children to distinguish between good and bad, right and wrong from an early age. This allows children to dare to make decisions on the impulse of their conscience, not because of persuasion or peer pressure. In the two families, they always provide direction and advice to their children to avoid drugs, besides that they also always remind their children of the dangers and impacts of drugs, such as

reminding their children that once try for drugs, there will be no ways to get job. The children's future will be so dark if they consume drugs.

3. Create Effective Communication

Effective communication between parents and children is required. As parents, they must listen actively and show love and care for their children. When children pour out their hearts, parents must avoid judgmental attitudes, feel self-righteous, give too much advice as if they know all the answers, take lightly the problems faced by children, and avoid using negative words.

In the two families above, they always provide opportunities for their children to express their opinions and problems that are being faced by children, the two families above also provide solutions to children's problems. If their child faces a problem, both parents also participate in the discussion with the child and provide a solution. These difficulties must be resolved quickly so that the child is not stressed and becomes a burden on the child's mind, and caused the children to take ways of consuming drugs for heal.

4. Become the Model for Children

Parents are obliged to make a solid basis for personality development for children, by showing examples, having clear norms about good and bad or right and wrong, not demanding children, and guiding children with love and care.

In the results of interviews by the two families above, the researchers found that the head of the family, both father and mother, always set a good example for their children. The two heads of families believe that parents must be an example to their children first so that their children can follow and accept any advice given because their parents have done it. Such as giving directions to children to pray, recite the newspaper and participate in other religious activities.

5. Support Children's Positive Activity

Parents support children's activities at school, support children to develop their hobbies and other skills according to the child's wishes and do not demand excessive achievement. The two families above always provide opportunities and support for their children in carrying out healthy and positive activities. For example, when their children join sports, social and similar organizations, both parents provide full support to their children.

The two families did not limit their children to doing positive activities and support their children when participating in organizational activities. It is fine if they would be late to return home because for them these healthy and positive activities were very beneficial for their children and would prevent children from drugs

CONCLUSIONS

According to the justification provided, a family communication culture founded on Christian principles to avoid drug use calls for diligence, collaboration, and the participation of several parties. The family, particularly parents, is one of the groups that can play a significant contribution in preventing drug dependence. The closest environment that can affect adolescent behavior is one's parents and family. In order to prevent their children from being easily influenced and succumbing to drug usage, parents must play a crucial role in

fostering the mental and personality development of adolescent.

The two families, namely Mr. Sahala Rambe and Mr. Sapril Siahaan have continuous communication in preventing their children from consuming drugs, while what the two families do is to encourage comfort in the family, develop positive values in children, create effective communication, become parents who are role models for children and support healthy and positive children's activities.

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