

## VALUES OF CHARACTER IN SPORT (STUDY ON STUDENT'S PENCAK SILAT)

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### **Abstract**

*In fact, current education has not been able to achieve its goals optimally. Especially related to issues of noble character and character. Pencak silat as a sport is assumed to have many noble values that can make students' character change for the better. The problem in this study are what are the character values contained in the sport of pencak silat? The collection technique and research instruments include observation sheets and unstructured interviews. The population in this study were all athletes of martial arts students at SMANOR Palu Central Sulawesi. The sampling technique used a quota sampling technique. Data analysis techniques include: data reduction, data presentation, and drawing conclusions. The results of the study indicate that the character values that exist in the sport of martial arts include religious, honesty, tolerance, discipline, hard work, creative, independent, democratic, curiosity, national spirit, love of the country, respect for achievement, friendly/communicative, love peace, love to read, care about the environment, care about social, and responsibility.*

**Keywords:** Character Values, Sports, and Pencak Silat

### **Introduction**

Education is a process of changing attitudes and behavior of individuals and groups of people in an effort to mature humans through teaching and training efforts. The change process can be carried out in three ways, namely formal, non-formal, and informal. Although education is seen as very important, education today is still far from its goal. Especially related to the issue of noble morals and the character of students. Evidently, students today are so easily involved in free sex, illegal drugs, abortion, student fights, gambling, drinking, and what is no less phenomenal is the problem of bullying.

(Darmayanti & Kurniawati, Farida, 2019), KPAI in 2016 found that cases of bullying in the school environment have increased to 93 people. In addition, according to (Garizing, 2017) in one of the schools located in South Sulawesi province, it appears that students in this school from year to year often commit various violations so that it can be said that the morale or character of these students has decreased compared to years. previous. This can be seen from the large number of students who are late either late for school, late for the ceremony, or late for class even though the teaching teacher is already in the class, and

students have also started to fight against the teacher and freely bring cigarettes to school. The problems that occur need to be found a solution, namely by using media that is naturally able to make the quality of student character better.

One of the media in question is sports. Sports are essentially a miniature of life (Darma Sitepu, 2017). This means that the basic essences that exist in everyday life can also be found in sports life in general. The character of sports activities teaches discipline, Fair Play, never give up, a high competitive spirit, a spirit of cooperation, understands and knows the rules, has the courage to make decisions, and so on. (Muhammad Najib, 2017) states that religious values, discipline, independence, hard work, honesty, respect for achievement, and responsibility are superior values in character education. Meanwhile (Rejeki & Ardiansyah, 2018) which examines traditional sports in the form of kadende sorong, the character values contained therein, namely the values of discipline, agility, health, cooperation, harmony, creativity, social and strategic setting values.

Character is a very important issue in this country. This can be proven through government regulations (Kementerian Hukum dan Hak Asasi Manusia RI, 2005) regarding National education in article 3, which states: "National education functions to develop physical, spiritual, social and To form a dignified national character (disposition) and personality in order to educate the nation's life, so that students become human beings who believe and fear God Almighty, and have noble, knowledgeable, responsible, creative morals and become citizens who are always love for the motherland.

Characters come from Latin words, namely character, kharassein, and kharax, then in English it becomes a character, and in Indonesian it becomes a character that has the meaning of character, morals, character or psychological traits between a person and another (Rasyono, 2018). Meanwhile, according to (Zuchdi, 2011) character is a characteristic that is structured to guide someone to do things that are right, good or not. Human behavior that manifests through thoughts, feelings, words and actions, based on religious norms, laws, manners, culture and customs based on God Almighty (Sudirman, 1992). Moral aspects that become a guide in life and allow a person to live based on values, considerations, and intuition (Darma Sitepu, 2017).

(Khan, 2010) education that has religious values, education that has cultural values, education based on the environment and education based on the environment are types of character education. (Nasional, 2010), the noble values of every ethnic group in Indonesia which are the foundation of a nation are religious values, tolerance, honesty, hard work, discipline, creative, independent, democratic, curiosity, national spirit, love for the motherland, love. peaceful, respectful of achievement, friendly / communicative, fond of reading, social care, environmental care, and responsibility. The instrument for shaping the value and national character can be obtained through sports (Muthohir, 2004).

Pencak silat is a native martial art sport of the Republic of Indonesia. Pencak silat when observed at a glance, it is clear that there is a very deep

religious value. This can be seen when the pencak silat athletes pray to God Almighty before starting a match or training, as well as the situation after the match and the situation when the beginning of the art category movement begins with a respectful attitude that symbolizes the prayer movement.

When athletes win in a competition that is played by many athletes, they are grateful by prostrating to God Almighty above. In addition, in every match and in every practice, there is also a value of respect or obedience to older people in the sport of martial arts. Pencak silat comes from the word *pencak*, which is Chinese in Shantung "*pung-cha*". The word *pung-cha* is divided into two words, namely *pung* which means to block and close the opponent's attack, while the word *cha* means to finish by attacking (cutting) the action. Meanwhile, according to (Muhammad Muhyi, 2014), the first ideogram implies strength while the second implies pressing / fighting ”.

### **Method**

This type of research is a descriptive qualitative research. Qualitative descriptive research is a research procedure based on descriptive data. The location of this research is located in the pencak silat hermitage of SMANOR Tadulako Palu. The population in this study were all athletes of the students of SMANOR Tadulako Palu. Meanwhile, the sample in this study amounted to 30 pencak silat athletes who were students. The sample is representative of the population to be studied (Arikunto, 2010). Sampling in this study using purposive sampling technique.

The research instrument includes observation sheets, a camera to record videos of practicing activities and sample competitions, and to take photo documentation. The data collection technique includes the observation technique used in this study to observe directly the activity process stages of the student athletes of SMANOR Palu pencak silat activity. These activities include training and competition and interview techniques are used to seek and obtain information directly from sources that are believed to provide information related to the object of research. The interview form used is an unstructured interview. After all the data is collected, the next step is to analyze the data so that a conclusion can be drawn. The data analysis technique in this study was carried out with the following systematic data reduction, data presentation and conclusion drawing / verification. It is done by looking for meaning, noting regularities, patterns, explanations, possible configurations, causal paths, and propositions.

### **Discussion**

Presentation of research results obtained in the field, based on interviews and observations, from the observers about the data needed by the researcher. The data extracted were the character values found in the martial arts sport. In order to make it easier for various parties to understand the data from the results of this

study (the character values contained in the sport of martial arts), the presentation will use the table below. Here's the explanation:

Table. 1 Description of research results The character values contained in the sport of pencak silat

No.	Nilai	Deskripsi Keberadaan Nilai	Sumber Data
1	Religious	Religious values are reflected when: 1. Pencak silat athletes pray before competing. 2. Pencak silat athletes give thanks (prostrate to God) after competing and winning the match. 3. Pencak silat athletes always worship (pray) so that all matters of the competition can be facilitated	Direct team observations, interviews with coaches and athletes
2	Honest	Honest values are illustrated when pencak silat athletes always talk candidly about their conditions to the coach.	Interviews with coaches and athletes.
3	Tolerance	Tolerance values can be seen when: 1. Senior pencak silat athletes appreciate the low ability of novice athletes. 2. Pencak silat athletes embrace their opponents after competing. 3. A pencak silat trainer who always motivates his athletes even when they make mistakes during training and competing. 4. Athletes respect each other when training coincides with the day of worship of other religions because SMANOR's pencak silat athletes are not only Islamic but from several religions including Christianity and Hinduism	Interviews with coaches and athletes.
4	Discipline	The value of discipline is illustrated when: 1. Pencak silat athletes arrive on time when practicing. 2. Pencak silat athletes compete in accordance with applicable regulations.	Direct team observations, interviews with coaches and athletes
5	Hard Work	The value of hard work is reflected when: 1. Pencak silat athletes spend hours practicing every day. 2. Pencak silat athletes start training at a young age.	Direct team observations, interviews with coaches and athletes
6	Creative	Creative value can be seen when pencak silat athletes and coaches think together to find new forms of training that can improve performance support abilities and skills.	Interview with coach
7	Independent	Independent values are reflected when pencak silat athletes train alone when there is no coach.	Direct team observations
8	Curiosity	The value of curiosity is found when: 1. Pencak silat athletes learn new	Interviews with athletes

		techniques that the coach has not taught them. 2. Pencak silat athlete who always digs up information about the opponent he will face.	
9	Democratic	Democratic values are seen when: 1. Pencak silat athletes respect their opponent. 2. Pencak silat athletes respect the coach.	Interviews with coaches and athletes
10	Spirit of Nationality	The value of the national spirit can be seen in the motivation of pencak silat athletes to represent Indonesia at the international level.	Interviews with athletes
11	Love the homeland	The value of love for the country can be seen in the motivation of pencak silat athletes to represent Indonesia at the international level.	Interviews with athletes
12	Appreciate achievements	The value of rewarding achievement is seen when: 1. Pencak silat athletes admit defeat and respect their opponents. 2. Pencak silat athletes train hard every day in a disciplined manner to achieve achievement.	Interviews with athletes
13	Friendly/Communicative	Friendly/communicative values appear when: 1. Pencak silat athletes enjoy training together. 2. Pencak silat athletes compactly practice art forms in pairs and teams.	Direct team observations
14	Love Peace	The value of peace is seen when pencak silat athletes calm their colleagues when they are emotional during matches.	Direct team observations
15	Like to read	The value of love to read is reflected when: 1. Pencak silat athletes often see the basic techniques of pencak silat in books. 2. The trainer always reads scientific journals about the development of pencak silat.	Interviews with coaches and athletes
16	Environmental care	The value of environmental care is seen when pencak silat athletes clean the training ground before and after practicing.	Direct team observations
17	Social care	The value of social care is seen when: 1. Pencak silat athletes give encouragement to fellow teachers who are competing. 2. Pencak silat athletes give enthusiasm to fellow teachers who lose after competing.	Direct team observations
18	Responsible	The value of responsibility can be illustrated when pencak silat athletes with full discipline and enthusiasm carry out the training program provided by the coach.	Direct team observations

The results showed that the character values found in the sport of pencak silat (studies on SMANOR's pencak silat athletes) include: religious values, honesty, tolerance, discipline, hard work, creative, independent, democratic, curiosity, national spirit, love the country, respect achievement, friendly / communicative, love peace, love to read, care for the environment, care for social, and responsibility. In other words, the sport of pencak silat contains all character values. This can be seen from the support of a number of descriptions of the existence of values derived from direct team observations, interviews with coaches, and interviews with athletes. If linked to existing theories, the results of this study can also be said to be in line with existing theories. In a number of theoretical thoughts, it is stated that sport has become an important part as an instrument for the formation of national values and character (Muthohir, 2004). Sport is essentially a miniature of life. This means that the basic essences of everyday human life can also be found in sports. Sports teaches discipline, a sportsmanship spirit, not giving up easily, a high competitive spirit, a spirit of cooperation, understanding of rules and the courage to make decisions for someone.

(Darma Sitepu, 2017) The character values that can be learned through sports activities include: cooperation, communication, respect for rules, solving problems, understanding, building relationships with others, leadership, respecting others, hard work, strategies to win, strategies if losing, how to manage matches, honesty, sharing, self-respect, trust, honesty, self-respect, joy and tenacity, teamwork, discipline and confidence. Meanwhile (Rejeki & Ardiansyah, 2018) revealed that values such as values of discipline, values of agility, social values, health values, cooperation values, harmony values, creativity values, and strategic setting values are positive values that exist in every life. which can be obtained through traditional sports.

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## Conclusion

The results of existing research, the conclusions that can be drawn from this study are: the character values that exist in the sport of pencak silat include: religious, honest, tolerance, discipline, hard work, creative, independent, democratic, curiosity, national spirit, love the country, respect achievements, friendly / communicative, love peace, love to read, care for the environment, care for social, and responsibility.

As suggestions from the results of this study are: For education stakeholders, the results of this study can be used as input which can be useful in the development and implementation of character education and For students and parents, the results of this study can be used as an indifference in choosing media that can make character change to a better way.



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